

Item 4: Child and Adolescent Mental Health Services (CAMHS) Tier 4 provision

By: Kay Goldsmith, Scrutiny Research Officer

To: Health Overview and Scrutiny Committee, 28 March 2023

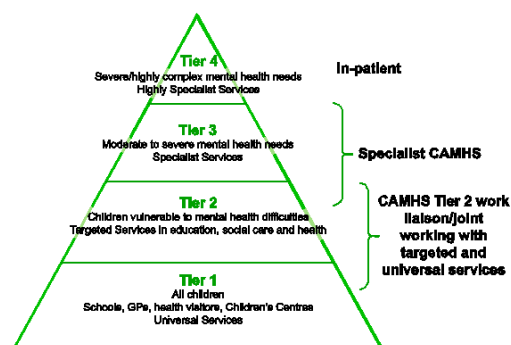
Subject: Child and Adolescent Mental Health Services (CAMHS) Tier 4 provision

Summary: This report invites the Health Overview and Scrutiny Committee to consider the information provided by the Kent and Sussex CAMHS tier 4 Provider Collaborative and NELFT.

It provides background information which may prove useful to Members.

1) Introduction

- a) Children and Adolescent Mental Health Service (CAMHS) (also referred to locally as Children and Young People's Mental Health Services (CYPMHS)) is an umbrella term covering a wide range of services commissioned by the NHS and local government. The diagram to the right helps explain the four-tiered provision of the overall service.¹



- b) In Kent and Medway, North East London Foundation Trust (NELFT) provides Targeted and Specialist Mental Health Services to children and young people (tiers 1-3).
- c) Sussex Partnership NHS Foundation Trust (SPFT) is the lead provider of the Kent and Sussex Provider Collaborative for Child and Adolescent Mental Health (CAMHS) Tier 4 Services. The Provider Collaborative has delegated responsibility from NHS England Specialised Commissioning for commissioning tier 4 CAMHS services.

2) Monitoring by HOSC

- a) HOSC has scrutinised children's mental health services over a number of years. Most recently, the Committee has been receiving updates about CAMHS tier 4 provision following the closure of Cygnet Hospital, near Sevenoaks.
- b) In July 2022 a written report on the closure of Cygnet Hospital was presented to HOSC following conclusion of an investigation. Members had general questions around the delivery of tier 4 services, particularly around provision of in-patient beds, and the Provider Collaborative sought to respond via written updates to the Committee, but questions remain.

¹ Parliament (2014) CAMHS as a whole system, <https://publications.parliament.uk/pa/cm201415/cmselect/cmhealth/342/34206.htm#note29>

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- c) The Committee have requested the Provider Collaborative and NELFT attend today's meeting to update the Committee on the service along with details around the current and future bed base.

3. Recommendation

RECOMMENDED that the Committee consider and note the response and invite the NHS to provide an update at an appropriate time.

Background Documents

Kent County Council (2020) '*Health Overview and Scrutiny Committee (24/11/20)*',
<https://democracy.kent.gov.uk/ieListDocuments.aspx?CId=112&MId=8498&Ver=4>

Kent County Council (2022) '*Health Overview and Scrutiny Committee (7/7/22)*',
<https://democracy.kent.gov.uk/ieListDocuments.aspx?CId=112&MId=8969&Ver=4>

Kent County Council (2022) '*Health Overview and Scrutiny Committee (30/11/22)*',
<https://democracy.kent.gov.uk/ieListDocuments.aspx?CId=112&MId=9048&Ver=4>

Kent County Council (2023) '*Health Overview and Scrutiny Committee (31/01/23)*',
<https://democracy.kent.gov.uk/ieListDocuments.aspx?CId=112&MId=9051&Ver=4>

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